

Lentil Bruschetta Dip

Ingredients:

- 2-3 cups of spinach
- 1 can or package of cooked lentils
- 1 can of Trader Joe's bruschetta sauce
 - Can make your own using:
 - Chopped tomatoes
 - Extra virgin olive oil
 - White balsamic vinegar
 - Basil
 - Salt
 - Garlic
 - Pepper
- 1 cup of crumbled feta
- Salt
- Pepper
- Garlic powder
- Red pepper flakes



Instructions

1. In a large container add chopped up spinach, cooked lentils, bruschetta sauce, and feta.
2. Mix well and season with garlic, salt, pepper, and red pepper flakes.
3. Serve cold or hot, can eat as a dip with chips or as a salad (can always add more greens), enjoy!